## **Qualified Medical Provider**



# **Continuing Education & Competency Attestation Instructions (2026 Cycle)**

Illinois Attorney General Sexual Assault Nurse Examiner Program

These instructions outline the requirements for the 2026 cycle documentation that Sexual Assault Nurse Examiners (SANEs) and Sexual Assault Forensic Examiners (SAFEs) must submit to remain on the Qualified Medical Provider (QMP) List. This form is only applicable to SANEs and SAFEs practicing as of January 1, 2026.

#### Continuing Education (CE) Requirement for 2026 (Startup Cycle)

To remain on the Qualified Medical Provider List, SANEs and SAFEs must meet one of the following continuing education requirements:

1. Hold a valid International Association of Forensic Nurses (IAFN) SANE-A or SANE-P certification, which may be accepted in place of CE hours.

#### OR

2. Complete a total of 10 CE hours during the 2026 cycle, with 3 CE hours focused on Annual Priority Topics and the remaining 7 CE hours completed through additional education relevant to caring for individuals impacted by sexual violence.

#### **Annual Priority Topics include:**

- Trauma-informed care & communication skills
  - Examples include:
    - Trauma-informed communication
    - Use of interpreters and other communication accommodations
    - Cultural humility
    - LGBTQIA+ affirming communication
    - Disability inclusive communication
- Vicarious trauma & professional wellness
  - Examples include:
    - Vicarious trauma and secondary traumatic stress
    - Managing risks associated with vicarious trauma
    - Workforce mental health and provider resilience
    - Self-care techniques for trauma exposed professionals
    - Organizational support for trauma exposed professionals
- Mandatory reporting requirements
  - Examples include:
    - Minor reporting requirements
    - Vulnerable persons reporting requirements
    - Adult reporting laws
    - DCFS processes and documentation
    - Legal updates affecting reporting

### **CE Defined**

Continuing education may consist of accredited or non-accredited training. Submission of CE certificates is not required. However, documentation may be requested if needed.

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#### Annual Competency Requirement for 2026 (Startup Cycle)

To remain on the Qualified Medical Provider List, SANEs and Sexual SAFEs must meet the annual competency requirement. This requirement may be met by completing one of the following:

1. A Medical Forensic Examination within the past 12 consecutive months.

#### **OR**

2. A mock Medical Forensic Examination for skill verification with a SANE-A or SANE-P preceptor if more than one year has passed since last performing a Medical Forensic Examination.

**NOTE**: A valid IAFN SANE-A or SANE-P certification **does not** meet the annual competency requirement.

The mock Medical Forensic Examination should include as many of the following components as possible:

- Provide patient education regarding:
  - Informed consent
  - Procedures and equipment/techniques utilized
  - Rights to privacy and confidentiality
- Obtain a medical and forensic history using a trauma-informed approach and document thoroughly according to agency standards
- Perform a thorough, patient-centered head-to-toe assessment, including a detailed anogenital assessment, while using appropriate examination positions
- Use specialized equipment and visualization techniques, including photography
- Identify, interpret, and appropriately document findings of:
  - Injury/trauma
  - Normal variations
  - Disease process
- Use proper evidence collection techniques based on patient's age and developmental/cognitive level
- Maintain proper chain of custody of evidence
- Collect toxicology specimen for drug facilitated sexual assault, specimen packaging, and consent
- Collect specimens for testing for sexually transmitted infections, pregnancy, and HIV
- Perform a psychosocial assessment that includes
  - o Crisis intervention
  - Suicide and safety assessment and planning
  - o Referrals
  - Culturally sensitive approach
- Provide appropriate discharge instructions and referrals based on needs

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#### What to Submit

- 1. A completed PDF version of the Qualified Medical Provider Continuing Education & Competency Attestation (2026 Cycle) form provided by the Illinois Attorney General's SANE Program.
- 2. A completed PDF version of the Qualified Medical Provider Continuing Education Activity Log provided by the Illinois Attorney General SANE Program.

## Where to Submit

Email completed forms to: <u>SANE@ilag.gov</u>, include "CE & Competency Attestation" in the subject line.

## When to Submit

The 2026 cycle attestation forms must be submitted by **April 30, 2027**.