Grade-Appropriate Resources

Grades 9-12

These grade-appropriate training modules cover topics facing youth today, such as online exploitation, sexting, cyberbullying, and piracy. The information in these modules is aimed at grades 9-12.

The four modules are titled Digital Citizenship, "P," Who R U, and Content. Each module includes videos, activities, and worksheets to assist educators with their Internet safety education efforts.

Module 1: Digital Citizenship

A digital citizen is "someone who is able to think critically about the ethical opportunities and challenges of the 'digital world' and make safe, respectful, and responsible choices" (Common Sense Media, 2010).

This module includes information on how to be a good digital citizen, including how to practice netiquette (online etiquette); how to recognize cyberbullying; how to take personal responsibility for information posted online and sent via text; how to recognize that inappropriate images and comments should not be posted online or shared with friends; and create an understanding that piracy and plagiarism is stealing.

Topics covered in the activities and videos:

- Personal Responsibility
- Netiquette
- Taking, Posting, and/or Tagging Photos of Others
- Inappropriate Images
- Cyberbullying and the Bystander
- Stealing
    - Piracy
    - Plagiarism

Videos

- That's Not Cool video: "Pressure Pic Problem" (Total time for both videos and choices is approximately 3 minutes)
  http://www.thatsnotcool.com/TwoSidedStories.aspx?Title=PRESSURE+PIC+PROBLEM
  A part of That's Not Cool's Two Sided Stories series, these two videos depict sexting from different perspectives. One video uses fruit pressuring a friend (Apple) to ask his girlfriend (Orange) to "peel" for photos and the other involves a female puppet who is pressured by her boyfriend to send nude photos. At the end of the videos, students choose how to resolve the dilemmas and can see how their choices play out.

- That's Not Cool video: "Text Monster" (Total time for both videos and choices is approximately 3 minutes)
  http://www.thatsnotcool.com/TwoSidedStories.aspx?Title=TEXT+MONSTER
  A part of That's Not Cool's Two Sided Stories series, these two videos are about texting boundaries. In one, the boyfriend feels smothered by too many texts and in the other, the girlfriend is hurt because he does not answer her texts. Kids choose how to resolve the dilemmas and can see how their choices play out.

- That's Not Cool PSA music video on digital privacy (1 minute, 55 seconds)
  http://www.thatsnotcool.com/VideoGuests.aspx?VideoID=meGnFYE43mk
  Music video about texting, exploitation and stalking.

- Netsmartz video: "Cyberbullying: Can't Take it Back" (1 minute, 36 seconds)
  http://www.netsmartz.org/stories/canttake.htm
  Video about a teen who regrets his participation on a Web site created to rate others at his school.

- NSTeens video: "Profile Penalty" (4 minutes, 44 seconds)
  http://www.nsteens.org/Videos/ProfilePenalty
  This video explains how online content such as profiles can have offline consequences.

Student Activities and Worksheets

- "Making Good Decisions" from CyberSmart! Curriculum
  http://cybersmartcurriculum.org/safetysecurity/lessons/9-12/making_good_decisions/
- "Acceptable Social Networking" from CyberSmart! Curriculum
  http://cybersmartcurriculum.org/digitalcitizenship/lessons/9-12/acceptable_social_networking/
- "Connected, 24/7" from CyberSmart! Curriculum
  http://cybersmartcurriculum.org/digitalcitizenship/lessons/9-12/connected_247/
- "Activity Cards: Cyberbullying: Can't Take it Back" from Netsmartz
  http://www.netsmartz.org/pdf/mscanttake1.pdf

- "Safe and Responsible Social Networking: Strategies for Keeping Yourself Safe Online" from Cyberbullying Research Center
  http://www.cyberbullying.us/safe_responsible_social_networking.pdf
- "Ten Ideas for Youth to Educate Their Community About Cyberbullying" from Cyberbullying Research Center
  http://www.cyberbullying.us/teens_cyberbullying_prevention_activities_tips.pdf
- "Cyberbullying Scenarios: Talking to Youth About Internet Harassment" from Cyberbullying Research Center
  http://www.cyberbullying.us/Cyberbullying_Scenarios.pdf
- "Cell Phone Safety: Top Ten Tips for Teens" from Cyberbullying Research Center
  http://www.cyberbullying.us/Top_Ten_Teen_Tips_Cell_Phones.pdf
- "Digital Citizenship – Finding the Positive," a project encouraging students to find ways in which technology can be used for the social good.
  http://www.illinoisattorneygeneral.gov/children/Digital_Citizenship_Grades_9_12.pdf
- Cyber Safety Survey
  http://www.illinoisattorneygeneral.gov/children/Cyber_Safety_Survey.pdf

Teacher Resources

- "Cyberbullying Incident Tracking Form" from Cyberbullying Research Center
  http://www.cyberbullying.us/cyberbullying_incident_tracking_form.pdf
- "Preventing Cyberbullying: Top Ten Tips for Educators" from Cyberbullying Research Center
  http://www.cyberbullying.us/Top_Ten_Tips_Educators_Cyberbullying_Prevention.pdf
- "Responding to Cyberbullying: Top Ten Tips for Educators" from Cyberbullying Research Center
  http://www.cyberbullying.us/Top_Ten_Tips_Educators_Cyberbullying_Response.pdf

Parent Resources

- "Cyberbullying Scripts for Parents to Promote Dialog and Discussion" from Cyberbullying Research Center
  http://www.cyberbullying.us/cyberbullying_scripts.pdf
- "Responding to Cyberbullying: Top Ten Tips for Parents" from Cyberbullying Research Center
  http://www.cyberbullying.us/Top_Ten_Tips_Parents_Cyberbullying_Response.pdf
- "Preventing Cyberbullying: Top Ten Tips for Parents" from Cyberbullying Research Center
  http://www.cyberbullying.us/Top_Ten_Tips_Parents_Cyberbullying_Prevention.pdf
- "Home Connection for Grades K – 12: What the Experts Say About Online Safety" from CyberSmart! Curriculum
  http://cybersmartcurriculum.org/cyberbullying/homeconnection/

Module 2: "P"

Many tips for surfing the Internet start with the letter "P."

Students should know that anything posted online is both public and permanent, which is why it is important to think before you post.

An important aspect of Internet safety is not to give out any personal or private information on the Internet. Other Internet safety tips include setting strong passwords and utilizing a site's privacy settings.

This module includes how the following "P" words relate to Internet safety:

- Public
- Permanent
- Personal
- Private
- Password Protection
- Privacy Settings

Videos

- NSTeens video: "Post-to-be Private" (3 minutes, 5 seconds)
  http://www.nsteens.org/Videos/Post-to-bePrivate
  In this video, a student is reminded that privacy settings need to be utilized for people you know in person in addition to strangers, the benefits of privacy settings, and the consequences of posting personal information online.

- iKeepSafe video: "Playing and Staying Safe Online" (1 minute, 55 seconds)
  http://www.ikeepsafe.org/youtube.html
  This video contains Internet safety guidelines, including think before you post, privacy settings, tips for being a good digital citizen and reporting inappropriate content online.

Student Activities and Worksheets

- "Online Identity Theft: Information is Power" from CyberSmart! Curriculum
  http://cybersmartcurriculum.org/safetysecurity/lessons/9-12/online_identity_theft_information_is_power/
- "Activity Cards – Middle School: Post-to-be-Private 1" from Netsmartz
  http://ncmec.vo.llnwd.net/015/downloads/print/mspostprivate1.pdf

- "Password Safety: Top Ten Tips for Teens" from Cyberbullying Research Center
  http://www.cyberbullying.us/Top_Ten_Teen_Tips_Passwords.pdf
- Web Activity – How Photos Can Spread Online
  http://www.illinoisattorneygeneral.gov/children/Web_Activity_How_Photos_Can_Spread_on_the_Internet_Grades_9_12.pdf
- Potential Internet Safety and Technology Research Projects for High School Students
  http://www.illinoisattorneygeneral.gov/children/Potential_Internet_Safety_and_Technology_Research_Projects_for_High_School_Students_Grades_9_12.pdf

Teacher Resources

- "Workshop 2: Playing and Staying Safe Online –Instructor Booklet" from iKeepSafe
  http://www.ikeepsafe.org/media/Instructor%20Booklet-%20Playing%20and%20Staying%20Safe%20Online.pdf

Module 3: Who R U

The Internet and e-mail have become one of the most common ways for people to communicate with others.

There is a perceived anonymity online. As a result, some individuals pretend to be someone they are not. Users can misrepresent their age, gender, personality, location, and other information.

In addition, users can create false profiles to cyberbully or attack others. In these profiles, a user pretends to be another student or adult and posts rumors or inappropriate content.

Topics covered in the activities and videos:

- Misrepresentation
- False Profiles
- Friend-ing

Videos

- Netsmartz video: "Julie's Journey" (3 minutes, 11 seconds)
  http://www.netsmartz.org/stories/julie.htm
  This video tells the story of a 13-year-old girl who ran away with someone she met online. He turned out to be a convicted murderer.

Student Activities and Worksheets

- "Activity Cards – Middle School: Julie's Journey 1" from Netsmartz
  http://ncmec.vo.llnwd.net/015/downloads/print/msjulie1.pdf
- 2 Truths and a Lie: Profiles Edition
  http://www.illinoisattorneygeneral.gov/children/Two_Truths_and_a_Lie_Grades_9_12.pdf

Module 4: Content

In addition to being mindful of whom they are talking to online, students also need to be aware of what information they are posting and how they are representing themselves online.

Topics covered in the activities include:

- What information should and should not be included in online profiles, screen names, e-mail addresses, etc.
- Examples of identifying information
- Self-representation online, in texts, photos, and video
    - What story are you telling?
    - What is your brand?

Student Activities and Worksheets

- "Your Online Image" from CyberSmart! Curriculum
  http://cybersmartcurriculum.org/safetysecurity/lessons/9-12/your_online_image/
- "Take Action Kit – Activity Sheet: Social Networking" from 2SMRT4U
  http://www.2smrt4u.com/networking
- Venn Diagram
  http://www.illinoisattorneygeneral.gov/children/Venn_Diagram_Grades_9_12.pdf
- Four Corners – To Report or Not to Report
  http://www.illinoisattorneygeneral.gov/children/Four_Corners_To_Report_or_Not_to_Report_Grades_9_12.pdf

Additional Online Resources

BrainPOP

www.brainpop.com and www.brainpopjr.com

BrainPOP's Web sites include lesson plans and content for educators on a variety of topics including Internet safety and technology.

Cyberbullying Research Center

www.cyberbullying.us

The Cyberbullying Research Center's Web site provides research from Dr. Justin Patchin and Dr. Sameer Hinduja on cyberbullying and technology issues. In addition, the Web site includes activities, handouts, reference materials and tips for youth, parents, and educators.

CyberSmart! Curriculum

www.CyberSmartCurriculum.org

CyberSmart! Curriculum's Web site includes free lessons plans, interactive activities and resources on safety and security online, manners and cyberbullying, learning and creativity, research and information fluency, and 21st century technological challenges for grades K – 12. CyberSmart! Curriculum is a program of Common Sense Media (www.commonsensemedia.org).

iKeepSafe

www.iKeepSafe.org

iKeepSafe's Web site provides information and interactive activities for parents and educators, as well as links to community resources. The site also posts ad campaigns and informative public service announcements regarding Internet safety.

Netsmartz

www.Netsmartz.org

Netsmartz's Web site offers educational materials for parents and guardians, educators, law enforcement, kids and teens from the National Center for Missing and Exploited Children and the Boys and Girls Clubs of America. The parent section includes information about online risks, Internet safety news, statistics, and a glossary of Internet definitions. Netsmartz has also created an extensive curriculum structured to teach kids and teens online safety through safety presentations, public service announcements, online games, and numerous other activities.

That's Not Cool

www.thatsnotcool.com

A partnership between the Family Violence Prevention Fund, the Ad Council, and the Office on Violence Against Women, That's Not Cool's Web site features a wide variety of public service announcements and posters focusing on safe and responsible use of technology within relationships. The Web site also offers a blog forum for youth to discuss cyberbullying, sexting, Internet privacy, and peer relations.